

LYME REGIS SAILING CLUB Ltd
CENTENARY REGATTA 6th & 7th AUGUST 2022
SAILING INSTRUCTIONS

ORGANISING AUTHORITY - LYME REGIS SAILING CLUB Ltd

1 RULES - See NOR

2. NOTICE TO COMPETITORS

2.1. Changes to the sailing instructions will be posted on the Sailing Notice Board in the Club Compound at least forty five minutes before the advertised start time of the race(s) affected.

3. SIGNALS MADE ASHORE

3.1. Signals will be displayed on the clubhouse flagstaff.

4. SCHEDULE OF RACES – See NOR

5. CLASS FLAGS

5.1. Class flags/pennants will be used as required where classes are given separate starts. The following flags/pennants will be used as appropriate:

General Handicap: Num Pen 9
Cruisers Code Flag T

6. COURSE

6.1 The course will either be displayed on the Sailing Notice Board in the Club Compound or by the Committee Boat prior to the warning signal.

6.2 A course displayed in accordance with SI 6.1 may be changed prior to the warning signal when a committee boat displays flag L with a sound signal, together with the new course details.

7. MARKS

7.1 Courses will be set using deployed orange spherical & yellow pillar marks as described in the course description.

8. THE START

8.1 Races will be started by using rule 26 with the warning signal given 5 minutes before the starting signal.

8.2 The starting line will be between a staff displaying an orange flag on the starboard end starting vessel and a nearby mark

8.3 A boat starting later than four minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.

9. THE FINISH

9.1. Unless shown otherwise on the sailing notice board, the finishing line shall be a line between the signal mast displaying a Blue Flag on the Committee Boat and an adjacent mark of the course.

10. TIME LIMITS & TARGET TIMES

10.1 The time limit for the first boat is 1.5 hours

10.2 The target time is 35-40 mins for the middle fleet boat in the fleet.

11. PROTESTS AND REQUESTS FOR REDRESS

11.1. Competitors intending to protest must inform the RO in person at the first reasonable opportunity. The protest must be lodged in writing no more than one hour after the last boat in the race has finished.

11.2. If the hearing cannot be held immediately, the time, date and place shall be posted on the Sailing Committee notice board within two hours of the finishing time of the last race of the day.

12. SAFETY REGULATIONS

12.1 Competitors Under 18 - Rule 40.1 shall apply at all times whilst afloat.

12.2 Competitors over 18 are advised to wear personal flotation devices at all times while afloat, except briefly while adjusting clothing or personal equipment.

13 DISCLAIMER OF LIABILITY

13.1. In entering any race, participants accept that they are responsible for themselves, their crew, and their boats, whether afloat or ashore. Nothing done by the organisers (i.e. the Club, Race Management Team, Safety Boats or anyone helping to run the event) will relieve participants of their responsibilities. By launching or putting to sea participants imply the suitability of their boat and the competence of the skipper and crew for the expected or forecast conditions. The provision of Safety Boats does not relieve participants of their responsibilities.

13.2. All competitors MUST complete the Signing-on Sheet. By signing this entry form you confirm your compliance with the statements below: (Note those under the age of 18 are required to have a parent or guardian sign the race entry form on their behalf).

- I confirm that I do not have symptoms of COVID 19 or have been asked to self-isolate through the track and trace system.
- I agree to be bound by the Racing Rules of Sailing and all other rules that govern this race. In particular, I confirm that I have read the Notice of Race and these Sailing Instructions and accept their provisions and agree that my boat will conform to the requirements..
- I declare that I hold a valid Certificate of Insurance, which covers me while racing (including adequate third party legal liability insurance cover for a minimum of £5,000,000).

- I agree that the Lyme Regis Sailing Club Ltd shall not be liable for any loss, damage, death or personal injury howsoever caused to the Helm or Crew as a result of their taking part in the race or races. Moreover, every owner/competitor warrants the suitability for his equipment and boat for the race or races to be entered.

- I agree that the provision of equipment and patrol boats by Lyme Regis Sailing Club Ltd is neither guarantee that assistance can be rendered to any competitor in need, nor acceptance of any responsibility for rescue of any competitors. Further, in the event that assistance is rendered to any competitor, no liability for any loss, damage or injury to any competitor and/or their equipment is accepted by the race organisers, the crew or owners of such patrol craft.